

9-1 Total Z-width Γ_Z

From Ex. 8-2 d), the Feynman rule of the $f\text{-}\bar{f}\text{-}Z$ vertex is given by

$$\begin{aligned}
 \begin{array}{c} f_L \\ \swarrow \\ Z \\ \searrow \\ \bar{f}_L \end{array} &\sim \frac{-ig}{C_W} \gamma^\mu (T^3 - S_W^2 Q) & \begin{array}{c} f_R \\ \swarrow \\ Z \\ \searrow \\ \bar{f}_R \end{array} &\sim \frac{-ig}{C_W} \gamma^\mu (-S_W^2 Q) \\
 \begin{array}{c} \longrightarrow \\ \left(\begin{array}{l} f_L = \frac{1}{2}(1-\gamma_5)f \\ f_R = \frac{1}{2}(1+\gamma_5)f \end{array} \right) \end{array} &\longrightarrow & \begin{array}{c} f \\ \swarrow \\ Z \\ \searrow \\ \bar{f} \end{array} &\sim \frac{-ig}{C_W} \gamma^\mu \frac{1}{2} \left[(T^3 - S_W^2 Q)(1-\gamma_5) - S_W^2 Q(1+\gamma_5) \right] \\
 & & &= \frac{-ig}{C_W} \gamma^\mu \frac{1}{2} \left[\underbrace{(T^3 - 2S_W^2 Q)}_{=g_V} - \underbrace{T^3 \gamma_5}_{=g_A} \right]
 \end{aligned}$$

The amplitude for $Z(\mathcal{Q}) \rightarrow f(p_1) + \bar{f}(p_2)$ is

$$i\mathcal{M} = \frac{-ig}{2C_W} \bar{u}(p_1) \gamma^\mu (g_V - g_A \gamma_5) v(p_2) \epsilon_\mu(\mathcal{Q})$$

The spin-summed squared matrix element is

$$\begin{aligned}
 \sum_{\text{spins}} |\mathcal{M}|^2 &= \frac{g^2}{4C_W^2} \sum_{\text{spins}} \bar{u}(p_1) \gamma^\mu (g_V - g_A \gamma_5) v(p_2) \bar{v}(p_2) \gamma^\nu (g_V - g_A \gamma_5) u(p_1) \epsilon_\mu(\mathcal{Q}) \epsilon_\nu^*(\mathcal{Q}) \\
 &= \frac{g^2}{4C_W^2} \text{tr} \left[\not{p}_1 \gamma^\mu (g_V - g_A \gamma_5) \not{p}_2 \gamma^\nu (g_V - g_A \gamma_5) \right] \left(-g_{\mu\nu} + \frac{\mathcal{Q}_\mu \mathcal{Q}_\nu}{M_Z^2} \right) \\
 &= (g_V^2 + g_A^2) \text{tr} [\not{p}_1 \gamma^\mu \not{p}_2 \gamma^\nu] - 2g_V g_A \text{tr} [\not{p}_1 \gamma^\mu \not{p}_2 \gamma^\nu \gamma_5] \\
 &= 4(g_V^2 + g_A^2) \{ p_1^\mu p_2^\nu + p_1^\nu p_2^\mu - (p_1 \cdot p_2) g^{\mu\nu} \} + 8i g_V g_A \epsilon^{\rho\mu\sigma\nu} p_{1\rho} p_{2\sigma} \\
 &= \frac{g^2}{C_W^2} (g_V^2 + g_A^2) (p_1^\mu p_2^\nu + p_1^\nu p_2^\mu - (p_1 \cdot p_2) g^{\mu\nu}) \left(-g_{\mu\nu} + \frac{\mathcal{Q}_\mu \mathcal{Q}_\nu}{M_Z^2} \right) \\
 &= \frac{g^2}{C_W^2} (g_V^2 + g_A^2) \left\{ 2(p_1 \cdot p_2) + \frac{1}{M_Z^2} [2(p_1 \cdot \mathcal{Q})(p_2 \cdot \mathcal{Q}) - (p_1 \cdot p_2) \mathcal{Q}^2] \right\}
 \end{aligned}$$

Using kinematics at the Z-boson rest frame:

$$\begin{cases} \mathcal{Q} = (M, 0, 0, 0) \\ p_1 = \frac{M}{2} (1, 0, 0, 1) \\ p_2 = \frac{M}{2} (1, 0, 0, -1) \end{cases} \quad \begin{array}{c} p_2 \longleftarrow \mathcal{Q} \longrightarrow p_1 \\ \longleftarrow \bullet \longrightarrow \end{array}$$

$$\sum_{\text{spins}} |\mathcal{M}|^2 = \frac{g^2}{C_W^2} (g_V^2 + g_A^2) \left\{ M^2 + \frac{1}{M_Z^2} \left[2 \cdot \frac{M^2}{2} \frac{M^2}{2} - \frac{M^2}{2} \cdot M^2 \right] \right\}$$

does not contribute due to anti-symmetry.

The partial decay width is

$$\begin{aligned}
 \Gamma(Z \rightarrow f_i \bar{f}_i) &= \frac{1}{2M} \int d\Phi_2 \frac{C}{3} \sum_{\text{spins}} |\mathcal{M}|^2 \quad (\text{!} C=1 \text{ for leptons, } C=3 \text{ for quarks}) \\
 &= \frac{1}{2M} \frac{1}{8\pi} \frac{C}{3} \frac{g^2}{C_W^2} (g_V^2 + g_A^2) M^2 \quad \left(\text{!} d\Phi_2 = \frac{1}{8\pi} \frac{d\cos\theta}{2} \frac{d\phi}{2\pi} \right) \\
 &= \frac{CM}{48\pi} \frac{g^2}{C_W^2} (g_V^2 + g_A^2) \\
 &= \frac{C \alpha M}{12 S_W^2 C_W^2} (g_V^2 + g_A^2) \quad \left(e = g S_W \sin \theta_W \right) \\
 & \quad \left(\alpha = \frac{e^2}{4\pi} \right) \\
 &= \left(= \frac{C G_F M^3}{6\sqrt{2} \pi} (g_V^2 + g_A^2) \right) \quad \left(\frac{G_F}{\sqrt{2}} = \frac{g^2}{8m_W^2} = \frac{g^2}{8m_W^2 C_W^2} \right)
 \end{aligned}$$

* The V-A couplings :

	ν	e^-	u-quark	d-quark	
g_V	$\frac{1}{2}$	$-\frac{1}{2} + 2s_w^2$	$\frac{1}{2} - \frac{2}{3}s_w^2$	$-\frac{1}{2} + \frac{2}{3}s_w^2$: $g_V = T^3 - 2s_w^2 Q$
g_A	$\frac{1}{2}$	$-\frac{1}{2}$	$\frac{1}{2}$	$-\frac{1}{2}$: $g_A = T^3$

The relative branching ratio for one generation is

$$\begin{aligned} \Gamma_\nu : \Gamma_e^- : \Gamma_u : \Gamma_d &= 2 : 1 + (1 - 4s_w^2)^2 : 3 \left\{ 1 + \left(1 - \frac{2}{3}s_w^2\right)^2 \right\} : 3 \left\{ 1 + \left(1 - \frac{2}{3}s_w^2\right)^2 \right\} \\ &= 2 : 1.006 : 3.44 : 4.44 \quad (\text{@ } \sin^2\theta_w = 0.231) \end{aligned}$$

The total width is

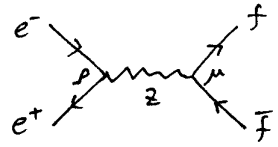
$$\begin{aligned} \Gamma_{\text{tot}} &= 3\Gamma_\nu + 3\overset{e,\mu,\tau}{\Gamma_e^-} + 2\overset{u,c}{\Gamma_u} + 3\overset{d,s,b}{\Gamma_d} \\ &= \Gamma_\nu \frac{1}{2} \left[6 + 3 \left\{ 1 + (1 - 4s_w^2)^2 \right\} + 6 \left\{ 1 + \left(1 - \frac{2}{3}s_w^2\right)^2 \right\} + 9 \left\{ 1 + \left(1 - \frac{2}{3}s_w^2\right)^2 \right\} \right] \\ &= \Gamma_\nu \left[21 - 40s_w^2 + \frac{160}{3}s_w^4 \right] \\ &= 0.167 \text{ GeV} \times 14.61 \\ &= 2.44 \text{ GeV} \\ &\sim 2.4952 \pm 0.0023 \text{ GeV} \quad \text{@ LEP} \end{aligned}$$

(-i: $M_Z = 91.188 \text{ GeV}$
 $\sin^2\theta_w = 0.231$
 $\alpha = 1/128$)

9-2 Forward-backward asymmetry for $b\bar{b}$ and $c\bar{c}$ events

At the Z -pole ($\sqrt{s} = M_Z$), the Z contribution is dominant. The amplitude for

$$e^-(k_1) + e^+(k_2) \rightarrow Z \rightarrow f(p_1) + \bar{f}(p_2)$$



is given as

$$i\mathcal{M} = \left(\frac{-ig}{2C_W}\right)^2 \bar{u}(p_1) \gamma^\mu (g_V^f - g_A^f \gamma_5) u(p_2) \frac{-i(g_{\mu\nu} - \frac{\partial_\mu \partial_\nu}{M^2})}{s^2 - M^2 + iM\Gamma} \bar{u}(k_2) \gamma^\rho (g_V^e - g_A^e \gamma_5) u(k_1)$$

The spin-summed squared matrix element is (at $\sqrt{s} = s^2 = M^2$)

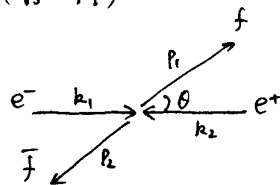
$$\begin{aligned} \sum |\mathcal{M}|^2 &= \frac{g^4}{16C_W^4} \frac{1}{M^2 p^2} \text{tr}[p_1 \gamma^\mu (g_V^f - g_A^f \gamma_5) p_2 \gamma^\nu (g_V^f - g_A^f \gamma_5)] \left(-g_{\mu\rho} + \frac{\partial_\mu \partial_\rho}{M^2}\right) \\ &\quad \times \text{tr}[k_2 \gamma^\rho (g_V^e - g_A^e \gamma_5) k_1 \gamma^\sigma (g_V^e - g_A^e \gamma_5)] \left(-g_{\nu\sigma} + \frac{\partial_\nu \partial_\sigma}{M^2}\right) \end{aligned}$$

Due to the $g_{\mu\nu} \text{tr}[p_1 \gamma^\mu p_2 \gamma^\nu (1 - \gamma_5)] = g_{\rho\sigma} \text{tr}[k_2 \gamma^\rho k_1 \gamma^\sigma (1 - \gamma_5)] = 0$, only $g_{\mu\rho} g_{\nu\sigma}$ remains.

$$\begin{aligned} \sum |\mathcal{M}|^2 &= \frac{g^4}{16C_W^4} \frac{16}{M^2 p^2} \left[(g_V^f + g_A^f)(p_1^\mu p_2^\nu + p_1^\nu p_2^\mu - (p_1 \cdot p_2) g^{\mu\nu}) + 2i g_V^f g_A^f \epsilon^{\mu\nu\rho\sigma} p_{1\rho} p_{2\sigma} \right] \\ &\quad \times \left[(g_V^e + g_A^e)(k_2^\mu k_1^\nu + k_2^\nu k_1^\mu - (k_1 \cdot k_2) g^{\mu\nu}) + 2i g_V^e g_A^e \epsilon_{\mu\nu\sigma\rho} k_2^\sigma k_1^\rho \right] \\ &= \frac{g^4}{C_W^4 M^2 p^2} \left\{ (g_V^f + g_A^f)(g_V^e + g_A^e) \left[2(p_1 \cdot k_2)(p_2 \cdot k_1) + 2(p_1 \cdot k_1)(p_2 \cdot k_2) \right] \right. \\ &\quad \left. - 4 g_V^f g_A^f g_V^e g_A^e \epsilon^{\mu\nu\rho\sigma} \epsilon_{\rho\sigma\mu\nu} p_{1\mu} p_{2\rho} k_2^\nu k_1^\sigma \right\} \\ &= -2(g_V^f g_V^e - g_A^f g_A^e) \\ &= \frac{2g^4}{C_W^4 M^2 p^2} \left\{ (g_V^f + g_A^f)(g_V^e + g_A^e) \left[(p_1 \cdot k_2)(p_2 \cdot k_1) + (p_1 \cdot k_1)(p_2 \cdot k_2) \right] \right. \\ &\quad \left. + 4 g_V^f g_A^f g_V^e g_A^e \left[(p_1 \cdot k_2)(p_2 \cdot k_1) - (p_1 \cdot k_1)(p_2 \cdot k_2) \right] \right\} \end{aligned}$$

Using kinematics at the e^+e^- CM frame: ($\sqrt{s} = M$)

$$\begin{cases} k_1 = \frac{\sqrt{s}}{2} (1, 0, 0, 1) \\ k_2 = \frac{\sqrt{s}}{2} (1, 0, 0, -1) \\ p_1 = \frac{\sqrt{s}}{2} (1, \sin\theta, 0, \cos\theta) \\ p_2 = \frac{\sqrt{s}}{2} (1, -\sin\theta, 0, -\cos\theta) \end{cases}$$



$$\begin{aligned} \sum |\mathcal{M}|^2 &= \frac{2g^4}{C_W^4 M^2 p^2} \left\{ (g_V^f + g_A^f)(g_V^e + g_A^e) \left[\left(\frac{M^2}{4}(1 + \cos\theta)\right)^2 + \left(\frac{M^2}{4}(1 - \cos\theta)\right)^2 \right] \right. \\ &\quad \left. + 4 g_V^f g_A^f g_V^e g_A^e \left[\left(\frac{M^2}{4}(1 + \cos\theta)\right)^2 - \left(\frac{M^2}{4}(1 - \cos\theta)\right)^2 \right] \right\} \\ &= \frac{2g^4}{C_W^4 M^2 p^2} \left\{ \frac{M^4}{8} (g_V^f + g_A^f)(g_V^e + g_A^e) (1 + \cos^2\theta) + M^4 g_V^f g_A^f g_V^e g_A^e \cos\theta \right\} \\ &= \frac{g^4 M^2}{4C_W^4 p^2} \left\{ (g_V^f + g_A^f)(g_V^e + g_A^e) (1 + \cos^2\theta) + 8 g_V^f g_A^f g_V^e g_A^e \cos\theta \right\} \end{aligned}$$

The differential cross section is

$$\begin{aligned} d\sigma &= \frac{1}{2S} \frac{1}{4} \sum_{\text{spin average}} |\mathcal{M}|^2 d\Phi_2 \quad \frac{1}{8\pi} \frac{d\cos\theta}{2} \frac{d\phi}{2\pi} \\ \frac{d\sigma}{d\cos\theta} &= \frac{1}{2S} \frac{1}{4} \frac{1}{16\pi} \frac{M^2 (4\pi M)^2}{4C_W^4 p^2} \left\{ \dots \right\} \quad (\cdot s' e = \sqrt{4\pi\alpha} = g \sin\theta_w) \\ &= \frac{\pi \alpha^2}{2S} \frac{M^2}{p^2} \frac{1}{16C_W^2 S_W^2} \left\{ (g_V^f + g_A^f)(g_V^e + g_A^e) (1 + \cos^2\theta) + 8 g_V^e g_A^e g_V^f g_A^f \cos\theta \right\} \end{aligned}$$

The forward-backward asymmetry is defined as

$$\begin{aligned}
 A_{FB} &= \frac{\sigma_F - \sigma_B}{\sigma_F + \sigma_B} = \frac{\int_0^1 d\cos\theta \frac{d\sigma}{d\cos\theta} - \int_{-1}^0 d\cos\theta \frac{d\sigma}{d\cos\theta}}{\int_{-1}^1 d\cos\theta \frac{d\sigma}{d\cos\theta}} \\
 &= \frac{g_V^e g_A^e g_V^f g_A^f \cdot \frac{1}{2} \cdot 2}{(g_V^e + g_A^e)(g_V^f + g_A^f) \cdot \frac{8}{3}} \\
 &= \frac{3}{4} \cdot \frac{2g_V^e g_A^e}{(g_V^e + g_A^e)} \cdot \frac{2g_V^f g_A^f}{(g_V^f + g_A^f)} \equiv \frac{3}{4} A_e A_f
 \end{aligned}$$

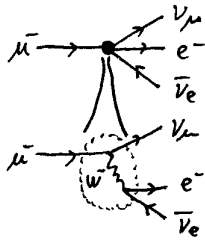
$$\begin{aligned}
 &\cdot A_e = 0.1511 \quad @ \sin^2\theta_w = 0.231 \quad \left(\begin{array}{l} * g_V = T^3 - 2S_w^2 Q \\ g_A = T^3 \quad \text{See Ex. 9-1} \end{array} \right) \\
 &\cdot A_b = 0.9359 \\
 &\cdot A_c = 0.6693
 \end{aligned}$$

$$\Rightarrow A_{FB}^{b\bar{b}} = 0.106 \quad \text{cf. } 0.0992 \pm 0.0016 \quad (\text{Exp.})$$

$$A_{FB}^{c\bar{c}} = 0.076 \quad 0.0707 \pm 0.0035 \quad (\text{Exp.})$$

9-3 Weak and electromagnetic coupling constants

Relation between the Fermi int. and the weak int. : (e.g. μ -decay)



$$\sim i \frac{G_F}{\sqrt{2}} \bar{\nu}_\mu \gamma^\mu (1 - \gamma_5) \mu \cdot \bar{e} \gamma_\mu (1 - \gamma_5) \nu_e$$

$$\sim \left(\frac{-i g}{\sqrt{2}} \right)^2 \bar{\nu}_\mu \gamma^\mu \frac{(1 - \gamma_5)}{2} \mu \frac{-i \left(\frac{g_W}{2} - \frac{g_Y Y}{M^2} \right)}{q^2 - M^2} \bar{e} \gamma^\nu \frac{(1 - \gamma_5)}{2} \nu_e$$

$\xrightarrow{q^2 \ll M^2} \frac{i g_W}{M^2}$

$$\Rightarrow \frac{G_F}{\sqrt{2}} = \frac{g^2}{8M_W^2}$$

$$G_F = \frac{\sqrt{2}}{8M_W^2} \frac{e^2}{\sin^2 \theta_w} = \frac{\pi \alpha}{\sqrt{2} M_W^2 \sin^2 \theta_w} \quad \left(\begin{array}{l} \alpha = g \sin \theta_w \\ \alpha = \frac{e^2}{4\pi} \end{array} \right)$$

9-4 Effective couplings and electro-weak mixing angle

The effective couplings :

$$\left\{ \begin{array}{l} \bar{g}_A = \sqrt{\rho} T_3 \\ \bar{g}_V = \sqrt{\rho} (T_3 - 2Q \sin^2 \theta_{\text{eff}}) \end{array} \right. \xrightarrow{\text{charged leptons}} \left\{ \begin{array}{l} \bar{g}_A = -\frac{1}{2} \sqrt{\rho} \\ \bar{g}_V = \sqrt{\rho} \left(-\frac{1}{2} + 2 \sin^2 \theta_{\text{eff}} \right) \end{array} \right. \quad T_3 = -\frac{1}{2}, Q = -1$$

Therefore,

$$\sin^2 \theta_{\text{eff}} = (\bar{g}_V - \bar{g}_A) / 2\sqrt{\rho} = 0.2311$$

$$\left\{ \begin{array}{l} \bar{g}_A = -0.50123 \pm 0.00026 \\ \bar{g}_V = -0.03783 \pm 0.00041 \\ \rho = 1.0050 \pm 0.0010 \end{array} \right.$$

*: The differences between different definitions of $\sin^2 \theta_w$ appear at the level of one-loop computations, i.e., those are predictable.

The tree-level (on-shell) definition of $\sin^2 \theta_w$:

$$\sin^2 \theta_w \equiv 1 - \frac{M_W^2}{M_Z^2} = 0.2226$$

$$\left\{ \begin{array}{l} M_W = 80.399 \pm 0.023 \text{ GeV} \\ M_Z = 91.1875 \pm 0.0021 \text{ GeV} \end{array} \right.$$

9-6 Parameter of the electroweak Standard Model

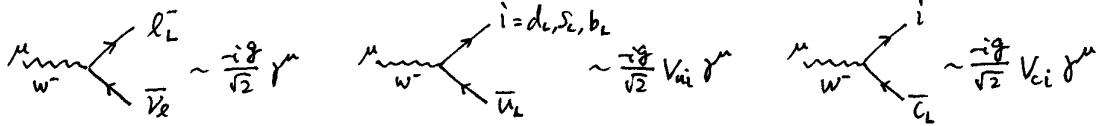
The EW standard model has three parameters (not counting the Higgs boson mass, the fermion masses and mixings) :

- the two gauge couplings ($SU(2)_L \times U(1)_Y$), g and g'
- the vacuum expectation value of the Higgs field, v

A useful set is $(\alpha_{\text{EM}}, G_F, M_Z)$, which can be determined precisely by experiments.

$$\left\{ \begin{array}{l} e = \sqrt{4\pi\alpha_{\text{EM}}} = g \sin \theta_w = \frac{gg'}{\sqrt{g^2 + g'^2}} \\ G_F = \frac{\sqrt{2} g^2}{8M_W^2} = \frac{1}{\sqrt{2} v^2} \\ M_Z = M_W \cos \theta_w = \frac{1}{2} g v \frac{g}{\sqrt{g^2 + g'^2}} \end{array} \right.$$

9-5 W decays



The relative branching ratio is

$$\begin{aligned} \Gamma_e : \Gamma_h &= 3 \overset{\text{generation}}{\Gamma(W^- \rightarrow e^- \bar{\nu}_e)} : 3 \overset{\text{color}}{\sum_i (\Gamma(W^- \rightarrow i \bar{u}) + \Gamma(W^- \rightarrow i \bar{c}))} \\ &= 3 \Gamma_e : 3 \sum_i (|V_{ui}|^2 + |V_{ci}|^2) \Gamma_e \\ &= 1 : 2 \end{aligned} \quad \left(\sum_i |V_{ui}|^2 = \sum_i |V_{ci}|^2 = 1 \right)$$

the unitarity property

The amplitude for $W^-(z) \rightarrow \ell^-(p_1) + \bar{\nu}_\ell(p_2)$ is

$$iM = -\frac{ig}{2\sqrt{2}} \bar{u}(p_1) \gamma^\mu (1-\gamma_5) v(p_2) \epsilon_\mu(z)$$

The spin-summed squared matrix element is

$$\sum_{\text{spins}} |M|^2 = \frac{g^2}{8} \text{tr} [\not{p}_1 \gamma^\mu (1-\gamma_5) \not{p}_2 \gamma^\nu (1-\gamma_5)] \left(-g_{\mu\nu} + \frac{2p_\mu p_\nu}{M^2} \right) = g^2 M^2$$

(See Ex. 9-1)

The partial decay width $\Gamma(W^- \rightarrow e^- \bar{\nu}_e)$ is

$$\begin{aligned} \Gamma_e &= \frac{1}{2M} \int d\bar{x}_2 \frac{1}{3} \sum_{\text{spins}} |M|^2 \\ &= \frac{1}{2M} \frac{1}{8\pi} \frac{1}{3} g^2 M^2 = \frac{M}{48\pi} g^2 = \frac{\alpha M}{12 S_W^2} \left(= \frac{G_F M^3}{6\sqrt{2}\pi} \right) = 0.2266 \text{ GeV} \end{aligned}$$

The total width is

$$\Gamma_{\text{tot}} = 9 \times \Gamma_e = 2.039 \text{ GeV} \sim 2.141 \pm 0.041 \text{ GeV (Exp.)}$$

$$\left(\begin{array}{l} M_W = 80.399 \\ \sin^2 \theta_w = 0.231 \\ \alpha = 1/128 \end{array} \right)$$

* Polarized W decays

We take the polarization axis along the z-axis:

$$\begin{cases} z = (M, 0, 0, 0) \\ p_1 = \frac{M}{2} (1, \sin\theta, 0, \cos\theta) \\ p_2 = \frac{M}{2} (1, -\sin\theta, 0, -\cos\theta) \end{cases}$$

In this frame the polarization vectors are written as

$$\begin{cases} \epsilon^\pm(z) = \frac{1}{\sqrt{2}} (0, \mp 1, -i, 0) \\ \epsilon^0(z) = (0, 0, 0, 1) \end{cases} \quad * \sum_\lambda \epsilon_\mu^\lambda(z) \epsilon_\nu^{\lambda*}(z) = \begin{pmatrix} 0 & & & \\ & 1 & & \\ & & 1 & \\ & & & 1 \end{pmatrix} = \begin{pmatrix} -1 & & & \\ & 1 & & \\ & & 1 & \\ & & & 0 \end{pmatrix} = -g_{\mu\nu} + \frac{2p_\mu p_\nu}{M^2}$$

The spin-summed (except W) squared matrix element is

$$\begin{aligned} \sum_{\text{spins}} |M^\lambda|^2 &= g^2 (p_1^\mu p_2^\nu + p_1^\nu p_2^\mu - (p_1 \cdot p_2) g^{\mu\nu}) \epsilon_\mu^\lambda(z) \epsilon_\nu^{\lambda*}(z) \\ \sum_{\text{spins}} |M^+|^2 &= g^2 \left[-2 \left(\frac{M}{2\sqrt{2}} \sin\theta \right)^2 + \frac{M^2}{2} \right] = \frac{M^2}{4} g^2 (1 + \cos^2\theta) \\ \sum_{\text{spins}} |M^0|^2 &= g^2 \left[-2 \left(\frac{M}{2} \cos\theta \right)^2 + \frac{M^2}{2} \right] = \frac{M^2}{2} g^2 (1 - \cos^2\theta) \\ \sum_{\text{spins}} |M|^2 &= \sum_\lambda \sum_{\text{spins}} |M^\lambda|^2 = \sum_{\text{spins}} [|M^+|^2 + |M^-|^2 + |M^0|^2] = g^2 M^2 \end{aligned}$$