The information-dynamics of life

One of the most distinctive characteristics of living organisms is their individual or collective ability to process and exploit information. This ability is best manifested in the - so called - perception-action cycle. This cycle was described by the neuroscientist JM Fuster as *the circular flow of information that takes place between an organism and its environment in the course of a sensory-guided sequence of behavior towards a goal*. In a well defined sense, this cycle of information is for life what the Carnot cycle was for thermodynamics – it allows us to discover fundamental quantitative limits on the interaction of organisms with their environments.

When the environment is approximately stationary, the efficiency of the perceptionaction cycle is determined by the ability of the organism to extract and represent information from the past that is biologically valuable for its future, on multiple time scales. This observation suggests an intriguing analogy between the combined perception and action, and Shannon's classical model of communication. I will present this analogy and discuss some of its consequences for optimal biological adaptation and performance. In addition, I will describe recent applications of this new theoretical framework to auditory perception and optimal decision making.



The brain is a past-future "Information-engine" ...

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